

2026 ANNUAL LOUISIANA OBESITY CONFERENCE

AUGUST 7-8, 2026

LOS LOUISIANA OBESITY SOCIETY
LOUISIANA STATE CHAPTER
American Society for Metabolic & Bariatric Surgery

TRANSFORMING OBESITY CARE: Clinical Excellence, Practical Tools, and Innovation

DAY ONE | Friday, August 7, 2026

*Clinical Foundations • Practice Innovation
• Behavioral Tools • Leadership*

8:00am

Registration & Exhibits Open

8:15am-9:00am

Breakfast Symposium

Sponsored by Viking Therapeutics Inc.

9:00am-9:10am

President's Welcome

Katie Queen, MD - LOS President

Michael Cook, MD - LA-ASMBS President

9:10am-9:55am

Leading with C.A.R.E.

Cultural Humility and Equity in Obesity Medicine

Tracy Norfleet, MD, MBA, DABOM, DipABLM, FACP

9:55am-10:30am

Women First: The Overlooked Impact of Bariatric Surgery on Women's Health

Shauna Levy, MD, FACS

10:30am-11:00am

Break with Exhibitors

11:00am-11:45am

**Bridging the Gap with Mental Health:
Patient-Centered Language for Improved Obesity
Care and a Quick Guide to Behavioral Health
Referrals for Weight Management and Bariatrics**

Gabriella Pucci, PhD

11:45am-12:30pm

Behavioral Health: Counseling tools for real-world obesity care, psychological challenges after weight loss, guide to referrals for behavioral health.

Shay Burns, PsyD. & Nanette Adams, M.Ed, LPC, LMHC, LPCC

12:30pm-1:45pm

Lunch Symposium + Poster Hall Open

Sponsored by Lilly

1:45pm-2:15pm

Body Composition Changes in Weight Loss

Steve Heymsfield MD

2:15pm-3:00pm

KEYNOTE SPEAKER

**Leading the Future of Obesity Care —
Entrepreneurship, Innovation, and the Journey
of a National Obesity Leader**

Angela Fitch, MD

3:00pm-3:30pm

Break with Exhibitors

3:30pm-4:15pm

**Nutrition in the Real World: Cost, ULTRAPRO-
CESSED Food & Louisiana Eating Patterns**

Molly Kimball, RDN, LDN, CSSD

4:15pm-4:45pm

Using Technology & AI to Improve Obesity Care

Stephen Lambert, MC

4:45pm-5:00pm

**Pediatric Obesity: Lessons From Mississippi
in Legislation, Lobbying, and Obtaining
Long-Term Funding**

Tobe Momah, MD, MSc

5:00pm-6:15pm

Networking Events

• **Happy Hour**

• **Obesity Trivia Battle: LOS vs. LA-ASMBS**

Hosted by Drs. Queen & Cook

• **Bariatric and Obesity Medicine Posters & Judging**

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LOS & LA-ASMBS DINNER

Friday, August 7, 2026

6:30pm-8:00pm

Arnaud's Restaurant

813 Bienville Street | NOLA

Wegovy®: Additional Therapeutic Choices in the Management of Adults with Obesity

Presenter: Timothy Gilbert, MD, Endocrinology,
Diabetes & Metabolism

Sponsored by Novo Nordisk

DAY TWO — Saturday, August 8, 2026

*Pediatrics • Policy • Advanced Therapies
• Surgical Innovation*

7:00am-7:30am

Morning Pilates Session with Nanette Adams

7:30am

Registration & Exhibitors Open

8:00am-8:30am

**Advancing Access to Obesity Care: Louisiana
Legislative Updates and National Advocacy
Perspectives - a Panel**

Katie Queen, MD & Tracy Norfleet, MD

8:30am-9:30am

**Listening First: Shared Decisions that Build
Trust in Pediatric Obesity Care**

Katie Queen, MD

9:30am-10:30am

**Powerful Procedures, Hidden Risks: Nutritional
Deficiencies That You Can't Afford to Miss**

Sachin Kukreja, MD and Amanda Perron, RD

10:30am-11:00am

Break with Exhibitors

11:00am-11:45am

KEYNOTE SPEAKER

Adolescent Bariatric Surgery in 2026

Phillip Schauer, MD, Michael Cook, MD & Jimmy
Domercant, MD

11:45am-12:15pm

Beyond BMI:

**A Collaborative Approach to Medical and
Surgical Obesity Treatment in the Very High
BMI Patient Panel**

Phillip Schauer, MD, Michael Cook, MD & Jimmy
Domercant, MD

12:15pm-1:30pm

Lunch Symposium & Group Picture

Sponsored by Standard Bariatrics/Teleflex

1:30pm-3:30pm

Breakout Sessions

- Break A | LOS - Medical Track
- Breakout B | LA-ASMBS - Surgical Track
- Breakout C | Mental Health

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BREAKOUT SESSIONS 1:30–3:30PM

Break A | LOS Medical Track

1:30pm–2:15pm

Obesity Management Medications:

**What's new, Upcoming and
the Medicare Bridge Program**

Tim Gilbert, MD

Amanda Fontenot, MD

2:15–2:45pm

Family-Based Behavioral Tools in Pediatric Obesity

Amanda Staiano, PhD

2:45pm–3:30pm

Regional Obesity Care Across Louisiana

Tyler Perrin- Bello, MD (Lafayette)

Shwetta Sharma, MD (North LA)

James Domercant, MD

(Baton Rouge and New Orleans)

Keisha Harvey, MD

(invited -Northshore)

Gil Hebert, MD (invited –Southshore)

Breakout B | LA-ASMBS Surgical Track

1:30pm- 2:15pm

My Favorite Things:

Staple line oozing
(how do you stop it)

My favorite revision after sleeve

- with GERD
- without GERD

My favorite hypo absorptive
procedure

2:15pm-3:00pm

Battle of the Blades: The Ultimate Video Face-Off

3:00pm-3:30pm

Louisiana Metabolic Surgery Case Series

Breakout C Mental Health

1:30pm-4:15pm

Mental Health's role in Obesity Care: How to Get Started and Make an Impact

A get-started guide for
Behavioral Health professionals
looking to participate in obesity
medicine

Shay Burns, PsyD

Nanette Adams, LPC

Rachel Ziko, LCSW

Gabriella Pucci, PhD

3:30pm-3:45pm

Break with Exhibitors

3:45pm-4:10pm

LA-ASMBS & LOS Business Meeting

All invited to attend a business meeting

4:15pm–5:00pm

Bariatric and Obesity Medicine Presentations

Q&A and Poster Awards Announced

5:00pm

Closing Remarks

5:15pm

LOS Legislative Luau on the Pool Deck